

# VIDEO CALL INTERVIEWS

Video calls are fast becoming the most common interview format, often replacing phone and face-to-face interview.



- **Read the “Phone Interviews” Tip Sheet**
  - Many of the best practices for phone interviews also apply to video interviews.
- **Professional Setting**
  - Once a time is set up, secure a place to conduct the interview that is clean, professional looking, and free of noise/distractions.
- **Test the Technology**
  - Whenever possible, conduct the interview on a wired/ethernet line rather than on Wi-Fi for the best connection. Also, make sure the link to the virtual interview room is in working order. Ask for contact information of someone with the company if you are having any technical difficulties the day of the interview.
- **Check Your Camera**
  - When checking technology, be sure to check the camera so that you can see what the interviewer sees—remove anything in the background that is inappropriate, messy, cluttered, or could send a message you do not intend to send.
- **Adjust Camera Height**
  - It is a best practice to have the camera at the height of your eyes. This way you are not staring up or down at the interviewer, they do not see your ceiling, and you will look your best.
- **Test Audio**
  - Check your audio levels on your headphones, computer speakers, etc.
- **Treat it Like a Regular Interview**
  - Employ all the best practices of interviews (pre-answer commonly asked questions, develop strong behavior based question answers that can be adapted to the questions you will be asked, think through how to answer difficult and challenging questions, and practice, practice, practice.).
  - See “Preparing for a Job Interview,” “Questions You Might Want to Ask in an Interview,” and “Commonly Asked Interview Questions” tip sheets.

## Ideas for Your Video Call Background

- Hang up hats
- Baskets
- Shelf or furniture
- Interesting wallpaper
- Bookshelf
- Plants
- Mural
- Artwork

Source: <https://parade.com/1067845/stephanieosmanski/cool-zoom-wall-backgrounds/>